STEP 1 After taking the profile, take some time to reflect on your primary love language. Does the information provided seem accurate? Does it help you better understand how you communicate and receive love?

STEP 2 Read through the five love languages and think about your family, friends, and co-workers. Think about the people who have obvious love languages. Also, consider those whose love language is harder to perceive.

STEP 3 Talk to the people in your life about their love language. Discuss how you can best communicate with this knowledge.

STEP 4 Read **Matthew 33:37-40**. The greatest and second greatest commandments both have to do with how we love. How important is it to be considerate of what best communicates love to the people we come into contact with every day?

STEP 5 **Pray** – Ask God to help you love each other in a way that will grow your relationship with one another and bring glory to Him. Thank Him for the tool of the love languages and His power to put them into practice.

© 2015 Inkling Innovations / 5 Love Languages®
Used with Permission. ©2015 Northfield Publishing, an imprint of Moody Publishers. All Rights Reserved.
Unauthorized reproduction or digital distribution of this material is strictly forbidden.

THE 5 love LANGUAGES®

— The 5 Love Languages —
SINGLES

BEST USE

Share with family, friends, or co-workers.

VALUE

Learn how you communicate love and how others most receive your intended communication of love.

ADVANCED PREP

Take the 5 Love Languages survey at **5lovelanguages.com** or complete the paper survey provided. You can also send a link to family or friends who would benefit from learning their love language.

SINGLE'S PROFILE

To Get Started:

Below you will see 30 paired statements. Please circle the letter next to the statement that best defines what is most meaningful to you in your relationships with others. Both statements may (or may not) sound like they fit your situation, but please choose the statement that captures the essence of what is most meaningful to you, the majority of the time. Allow 10-15 minutes to complete the profile. Take it when you are relaxed, and try not to rush through it.

1 It's more meaningful to me when...
- **A** I receive a loving note/text/email for no special reason.
- **E** I hug someone I love.

2 It's more meaningful to me when...
- **B** I can spend alone time with my someone I love – just us.
- **D** Someone I love does something practical to help me out.

3 It's more meaningful to me when...
- **C** Someone I love gives me a little gift as a token of our love for each other.
- **B** I get to spend uninterrupted leisure time with those I love.

4 It's more meaningful to me when...
- **D** Someone I love does something unexpected for me to help me with a project.
- **E** I can share an innocent touch with someone I love.

5 It's more meaningful to me when...
- **E** Someone I love puts their arm around me in public.
- **C** Someone I love surprises me with a gift.

6 It's more meaningful to me when...
- **B** I'm around someone I love, even if we're not really doing anything.
- **E** I can be comfortable holding hands, high-fiving, or putting my arm around someone I love.

7 It's more meaningful to me when...
- **C** I receive a gift from someone I love.
- **A** I hear from someone I love that they love me.

8 It's more meaningful to me when...
- **E** I sit close to someone I love.
- **A** I am complimented by someone I love for no apparent reason.

9 It's more meaningful to me when...
- **B** I get the chance to just "hang out" with someone I love.
- **C** I unexpectedly get small gifts from someone I love.

10 It's more meaningful to me when...
- **A** I hear someone I love tell me, "I'm proud of you."
- **D** Someone I love helps me with a task.

11 It's more meaningful to me when...
- **B** I get to do things with someone I love.
- **A** I hear supportive words from someone I love.

12 It's more meaningful to me when...
- **D** Someone I love does things for me instead of just talking about doing nice things.
- **E** I feel connected to someone I love through a hug.

13 It's more meaningful to me when...
- **A** I hear praise from someone I love.
- **C** Someone I love gives me something that shows they were really thinking about me.

14 It's more meaningful to me when...
- **B** I'm able to just be around someone I love.
- **E** I get a back rub from someone I love.

15 It's more meaningful to me when...
- **A** Someone I love reacts positively to something I've accomplished.
- **D** Someone I love does something for me that I know they don't particularly enjoy.

16 It's more meaningful to me when...
- **E** I'm able to be in close physical proximity to someone I love.
- **B** I sense someone I love showing interest in the things I care about.

17 It's more meaningful to me when...
- **D** Someone I love works on special projects with me that I have to complete.
- **C** Someone I love gives me an exciting gift.

18 It's more meaningful to me when...
- **A** I'm complimented by someone I love on my appearance.
- **B** Someone I love takes the time to listen to me and really understand my feelings.

19 It's more meaningful to me when...
- **E** I can share meaningful touch in public with someone I love.
- **D** Someone I love offers to run errands for me.

20 It's more meaningful to me when...
- **D** Someone I love does something special for me to help me out.
- **C** I get a gift that someone I love put thought into choosing.

21 It's more meaningful to me when...
- **B** Someone I love doesn't check their phone while we're talking with each other.
- **D** Someone I love goes out of their way to do something that relieves pressure on me.

22 It's more meaningful to me when...
- **C** I can look forward to a holiday because I'll probably get a gift from someone I love.
- **A** I hear the words, "I appreciate you" from someone I love.

23 It's more meaningful to me when...
- **C** Someone I love and haven't seen in a while thinks enough of me to give me a little gift.
- **D** Someone I love takes care of something I'm responsible for that I feel too stressed to do at the time.

24 It's more meaningful to me when...
- **B** Someone I love doesn't interrupt me while I'm talking.
- **C** Gift giving is an important part of the relationship with someone I love.

25 It's more meaningful to me when...
- **D** Someone I love helps me out when they know I'm already tired.
- **B** I get to go somewhere while spending time with someone I love.

26 It's more meaningful to me when...
- **E** Someone I love touches my arm or shoulder to show their care or concern.
- **C** Someone I love gives me a little gift that they picked up in the course of their normal day.

27 It's more meaningful to me when...
- **A** Someone I love says something encouraging to me.
- **B** I get to spend time in a shared activity or hobby with someone I love.

28 It's more meaningful to me when...
- **C** Someone I love surprises me with a small token of their appreciation.
- **E** I'm touching someone I love frequently to express our friendship.

29 It's more meaningful to me when...
- **D** Someone I love helps me out – especially if I know they're already busy.
- **A** I hear someone I love tell me that they appreciate me.

30 It's more meaningful to me when...
- **E** I get a hug from someone whom I haven't seen in a while.
- **A** I hear someone I love tell me how much I mean to him/her.

Now go back and count the number of times you circled each individual letter and write that number in the appropriate blank below.

THE RESULTS

Which love language received the highest score?

This is your primary love language. If point totals for two love languages are equal, you are "bilingual" and have two primary love languages. And if you have a secondary love language, or one that is close in score to your primary love language, this means that both expressions of love are important to you. The highest possible score for any single love language is 12.

A: _____ WORDS OF AFFIRMATION
B: _____ QUALITY TIME
C: _____ RECEIVING GIFTS
D: _____ ACTS OF SERVICE
E: _____ PHYSICAL TOUCH

Would you like an email copy of your results?

Take the free quiz at **5lovelanguages.com** and get your personal results emailed directly to your inbox.

Want to learn more?
Visit **5lovelanguages.com**