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*Marriage Date Night*

***Re-Engage***

**Best Use**

A date night discussion guide

**Nutritional Value**

Husbands and wives will discuss how to fight together for a strong marriage.

**Advance Preparation**

Schedule a dinner or coffee date

**During the Date**

Discuss any or all of the items on the reverse side.

**Discuss**

• If you could have lived in another time period and watched or joined in one epic

battle, what would it be?

• Ephesians 6:12 says that “our struggle is *not* against flesh and blood,” but against

unseen spiritual forces of evil. So in truth you ***are*** in an epic battle. In what ways

does Satan attack your marriage?

• As a fun reminder, look at your spouse and say, “You are my partner, not my

enemy!”

• Since you are on the same team, discuss together which of the following is most

likely to create “division in the ranks” in your marriage. Why?

🞏 Disagreement over how to discipline (name of child) .

🞏 Who apologizes first after an argument

🞏 When and how we enjoy physical intimacy

🞏 How to spend or save our money

🞏 OTHER: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Reflection Questions**

• Before battle in the movie *Gladiator*, the general reminds his men: “What we do in

life echoes in eternity.” How can you apply this to the fight for your marriage?

• What are two issues you most need to fight for as a couple right now. . .

*Date nights Prayer together Family devotions Church involvement*

*Bible reading Forgiveness Healthy Intimacy Communication*

• Hold hands and pray for each other about these things.

• Identify one thing you can cut from your schedule in order to use the time to nurture

your marriage and family relationships: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_