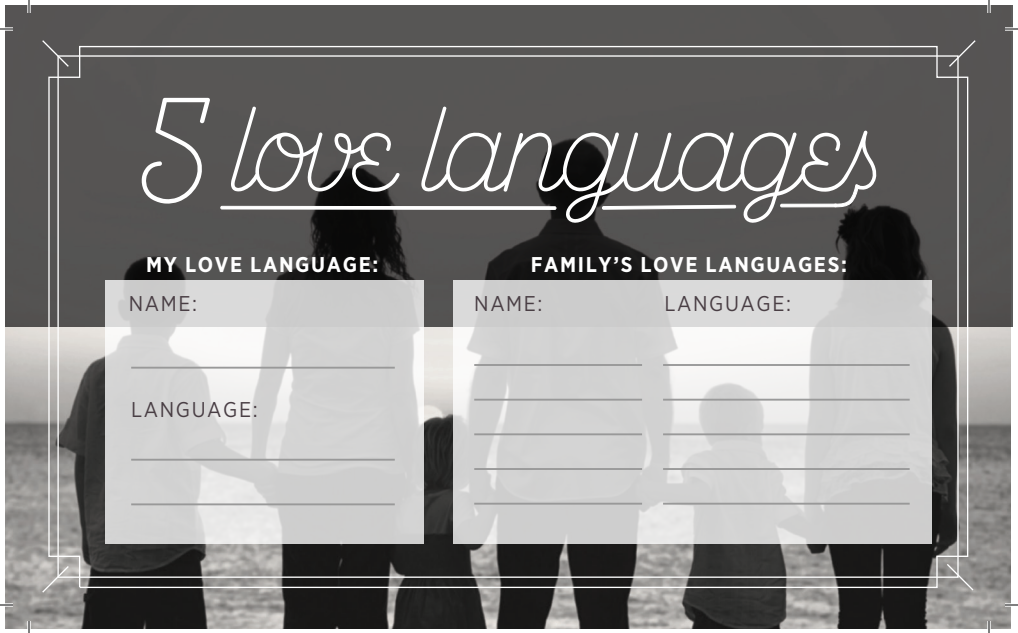

5 love languages

MY LOVE LANGUAGE:

NAME:

LANGUAGE:

FAMILY'S LOVE LANGUAGES:

NAME:	LANGUAGE:

HOW TO IDENTIFY YOUR FAMILY'S LOVE LANGUAGES

1. To effectively identify your family's love language by observing, you must be familiar with the love languages yourself. Learn about them at **5lovelanguages.com**

2. Watch how family members show love to others. Are they always encouraging **(WORDS)**? Do they like to give gifts **(GIFTS)**? Do they like to help others out **(SERVICE)**?

3. Notice what they complain about with regards to relationships with those in your home. Example: "I never spend any quality time with _____ **(TIME).**" "I wish _____ would do more around the house **(SERVICE)**."

4. Notice what they ask for consistently. Example: "Let's hang out soon **(TIME)**." "Can I get a hug **(TOUCH)**?"

5. If all else fails…or just for fun… go ahead and ask your family to take the love language profile at **5lovelanguages.com**

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